

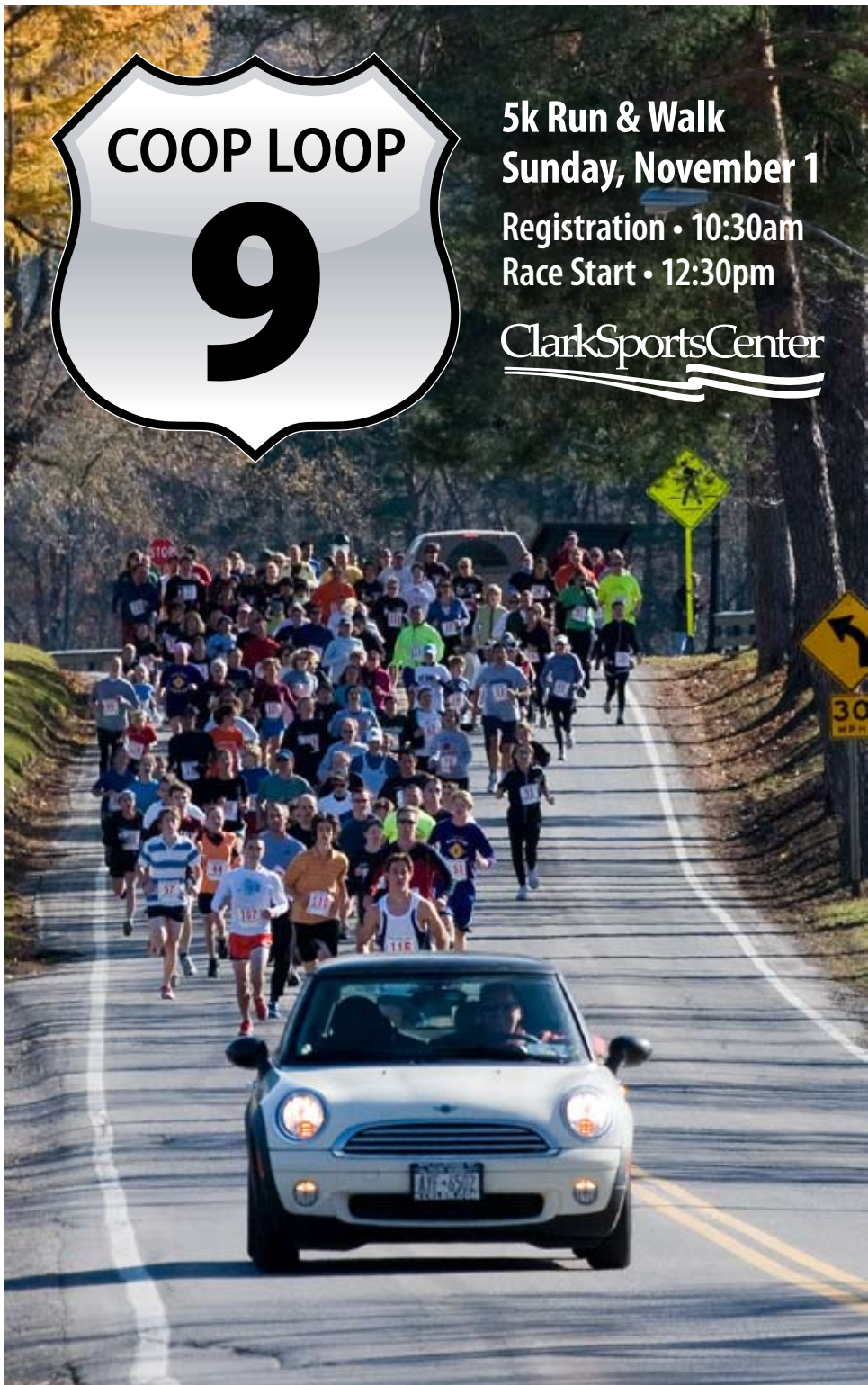


**5k Run & Walk**  
**Sunday, November 1**

Registration • 10:30am

Race Start • 12:30pm

*ClarkSportsCenter*



# 2009 Coop Loop 5k Run & Walk Entry Form

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Staff Use Only

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

Circle One: **Male or Female**

Age: \_\_\_\_\_

Circle One: **Walk or Run**

Wheelchair? \_\_\_\_\_

Shirt Size: \_\_\_\_\_

Note: Shirt only guaranteed if registered by October 16.

The shirt is pre-shrunk and long sleeved. Please do not wait to reserve your spot, as we always run out of shirts. Please note that registration does not guarantee a shirt.

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Non-refundable entry fee is \$15 per person if received on or before October 30, or \$20 per person if received on October 31 or November 1.

Make checks payable to:

The Clark Sports Center  
P.O. Box 850  
Cooperstown, NY 13326

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For more information, please contact Rich Jantzi, Health, Fitness & Racquets Director and Coop Loop 5k Race Director, at The Clark Sports Center by calling 547-2800 or by stopping by the Fitness Center.



## Race Information

The 9th Annual Coop Loop 5k will be held on Sunday, November 1, 2009 at The Clark Sports Center. Race registration begins at 10:30am, with the race starting at 12:30pm. It is a rain or shine event. The race is a moderately difficult course that travels the roads in the Village of Cooperstown. The race is timed, but is currently not a USATF sanctioned event. A water stop will be placed near the half way mark and at the end. Please note that traffic will be allowed on the streets and we will staff each major intersection. Please avoid personal listening devices.

## Waiver Forms

All runners must have a Clark Sports Center waiver form on file. Children 18 and under must have this waiver signed by a parent. Waivers will be available on Race Day or downloaded from [clarksportscenter.com](http://clarksportscenter.com).

## Registration

Pre-registered runners may pick up their race number and long sleeve shirt (if eligible) in our Conference Room starting at 10:30am. Runners who register on the day of the race may do so in the Conference Room starting at 10:30am.

## Awards

Awards will be distributed to the overall best male and female times, and medals will be given to the top three male and female finishers in each age group. Awards will be presented for the following categories:

6-7 years old	30-39 years old
8-9 years old	40-49 years old
10-13 years old	50-59 years old
14-19 years old	60 and above
20-29 years old	

Winners will be announced within 30 minutes of the last finisher (about 2:00pm). The Awards Ceremony will take place outdoors (or inside on the Gym Floor if there is poor weather).

## Course Records

Men • Mike Rutledge: 16:37 (2002)  
Women • Merle Myerson: 19:52 (2001)



2008 Winners • Caleb Edmonds & Nichole Wischoff

# Coop Loop Race Course



## Special Thank You

The Clark Sports Center appreciates the cooperation given to us by the Town of Cooperstown and the Town of Middlefield, as well as the help and support given by our staff and volunteers to our annual Coop Loop 5k Race event!

ClarkSportsCenter